

Management of Fingertip Injuries

Fingertip injuries can heal beautifully and naturally by keeping the area clean and covered for about 2-3 months. Just follow these simple steps:









- 1. Wash the area daily with normal tap water. This is most easily done with a daily shower on a naked finger.
- 2. Clean off excess smelly goop with a Q-tip.
- 3. Apply Vaseline to the area like spreading peanut butter on toast
- 4. Wrap with Coban (vet wrap)
- 5. Use your finger normally to avoid it getting stiff



Injury 5 weeks 11 weeks

